

NOVEMBER 2020

Jeff Davis Elementary

MONDAY

2

Breakfast: French toast stix w/ sausage or Cereal or Parfait/ fruit/ milk
Lunch: Hamburger on Bun/ French fries/ lettuce & tomato/ onion /pickles/ fruit/ milk choice

9

Breakfast Waffles or Cereal or Parfait/ fruit /juice/milk
Lunch: Steak Nuggets/ cream potatoes/ green beans/ cornbread/ fruit/ milk choice

16

Breakfast: Pancake or Cereal or Parfait/ juice/ fruit/ milk
Lunch: Hot Dog/ French fries/ baked beans/ milk choice

23

SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

30

Breakfast Waffles or Cereal or Parfait/ fruit / juice/ milk
Lunch: Steak Nuggets/ cream potatoes/ green beans/ cornbread/ fruit/ milk choice

TUESDAY

3

Breakfast: Steak Biscuit or Cereal or Parfait fruit/ juice/ milk
Lunch: Chicken Tenders/ smiley fries/ celery w/peanut butter cup/ fruit/ Texas toast/ milk choice

10

Breakfast: Chicken Biscuit or Cereal or Parfait/ fruit/ juice/milk
Lunch: Vegetable Soup w/peanut butter and jelly or pimento cheese sandwich/ salad/ fruit/ milk choice

17

Breakfast: Chicken Biscuit or Cereal or Parfait/ fruit/ milk
Lunch: Pizza/ corn/ carrot bites w/ranch dressing/ salad/ fruit/ milk choice

24

SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

WEDNESDAY

4

Breakfast: Breakfast Pizza or Cereal or Parfait/ fruit/ juice/ milk
Lunch: Taco Salad & fixings lettuce/ tomato/ Spanish rice/ black beans/ corn/ fruit/ milk choice

11

Breakfast: Blueberry Muffins w/ sausage link or Cereal or Parfait/ fruit/ juice/milk
Lunch: Corn Dog/ French fries/ baked beans/ fruit/ milk choice

18

Breakfast: French Toast or Cereal or Parfait/ fruit/ milk
Lunch: Turkey and Dressing/ green beans/ sweet potato/ rolls/ fruit salad/ milk choice

25

SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

THURSDAY

5

Breakfast: Sausage Biscuit or Cereal or Parfait/ fruit/ juice/ milk
Lunch: Chicken Marinara/ sweet potato fries/ veggie cup w/dip/ fruit/ milk choice

12

Breakfast: Sausage Biscuit or Cereal or Parfait/ juice/ fruit/ milk
Managers Choice:
Lunch: Chicken Alfredo/ sweet potato/ salad/ bread sticks/ fruit/milk choice

19

Breakfast: Sausage Biscuit or Cereal or Parfait/ fruit/ milk
Lunch: BBQ on Bun/glazed carrots/ coleslaw/ brownie/ apples/ milk choice

26

SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

FRIDAY

6

Breakfast: Breakfast Bowl or Cereal or Parfait/ fruit/ juice/ milk
Lunch: Spaghetti/ peas & carrots/ salad/ garlic bread/ fruit/ milk choice

13

Breakfast: Breakfast Bowl or Cereal or Parfait/ fruit/ milk
Lunch: Chili or Tuna/ baked potato/ steamed broccoli/ fruit/ cinnamon roll/ milk choice

20

Breakfast: Breakfast Bowl or Cereal or Parfait/ fruit/ milk
Lunch: Tater Tot Casserole/ Ga grown peas/ garlic bread twist/ fruit/ milk choice

27

SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

November Harvest of the Month:

Sweet Potatoes

ALL JEFF DAVIS COUNTY SCHOOL STUDENTS WILL RECEIVE MEALS AT NO CHARGE BEGINNING OCTOBER 1, 2020 THROUGH DECEMBER 21, 2020 OR UNTIL USDA FUNDING IS DEPLETED!

Assorted Vegetables and Fruits Offered Daily with each Daily Meal Choice and Choice of Milk with meal.

November Tip: Protein Packs A Punch! Protein is an essential nutrient for the body to perform daily tasks.

Salads:
Monday and Wednesday-Ham & Cheese
Tuesday-Southwestern chicken
Thursday Turkey & Cheese
Friday-Tuna Salad

Sacks:
Monday - PB&J
Tuesday-Ham & Cheese,
Wednesday PB&J
Thursday- Turkey
Friday - PB&J

Subs:
Monday and Wednesday
Chicken wrap
Tuesday - Ham and cheese
Thursday - Tuna Pocket
Friday - Turkey and cheese

NUTRITION PROGRAM
WEBSITE: jdsnpcafes.us
jeff-davis.k12-homepage/department/school-nutrition

DID YOU KNOW?

Throughout much of history, November has often been thought of as a somber month because it signaled the start of winter. People would spend the month storing up their harvest and preparing their food and homes in order to survive the winter.