

# NOVEMBER 2020

Jeff Davis Middle

## MONDAY

**2**  
Lunch: Hamburger on Bun/ French fries/ lettuce & tomato/ pickles/ fruit choice/ milk choice

**9**  
Lunch: Steak Nuggets/ mashed potatoes/ lima beans/ rolls/ fruit choice/ milk choice

**16**  
Lunch: Hot Dog/ French fries/ bake beans/ cole slaw/ fruit choice/ milk choice

**23**  
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

**30**  
Lunch: Steak Nuggets/ mashed potatoes/ lima beans/ rolls/ fruit choice/ milk choice

## TUESDAY

**3**  
Lunch: Chicken Tenders/ smiley face fries/carrots/ Texas toast/ fruit choice/ milk choice

**10**  
Lunch: Chicken Fillet/ rosemary roasted potato/ lettuce/ tomato/ pickle/ fruit choice/ milk choice

**17**  
Lunch: Hot Ham and Cheese/ fruit/ chips veggie bag w/ranch/ fruit choice/ milk choice

**24**  
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

## WEDNESDAY

**4**  
Lunch: Veggie beef soup w/ PB&J or Pimento cheese/ salad/ steamed broccoli/ fruit choice/ milk choice

**11**  
Lunch: Chili/ baked potato/ cheese/ sour cream/ crackers/ salad/ steamed broccoli/ fruit choice/ milk choice

**18**  
Lunch: Turkey and Dressing/ green beans/ sweet potato/ rolls/ fruit salad/ milk choice

**25**  
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

## THURSDAY

**5**  
Lunch: Taco Salad/ chips/ corn/ refried beans/ lettuce/ tomato/ cheese/ salsa/ fruit choice/ milk choice

**12**  
Lunch: Corndog Nuggets/ French fries/ veggie mix w/ranch/ cake/ fruit choice/ milk choice

**19**  
Lunch: Chicken Nuggets/ green beans/ mac & cheese/ fruit choice/ milk choice

**26**  
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

## FRIDAY

**6**  
Lunch: Hot Ham & Cheese/ fruit/ chips/ veggie bag w/ranch/ fruit choice/ milk choice

**13**  
Lunch: Pizza/ corn/ salad/ carrots w/ranch/ fruit choice/ milk choice

**20**  
Lunch: Sacks/ pizza/ carrots w/ranch/ cookie/ fruit/ milk choice

**27**  
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

## November Harvest of the Month Sweet Potatoes

ALL JEFF DAVIS COUNTY SCHOOL STUDENTS WILL RECEIVE MEALS AT NO CHARGE BEGINNING OCTOBER 1, 2020 THROUGH DECEMBER 21, 2020 OR UNTIL USDA FUNDING IS DEPLETED!

**November Tip:** Protein Packs A Punch! Protein is an essential nutrient for the body to perform daily tasks.

### BREAKFAST:

Croissants or Breakfast Breaks or Parfait Bowls or Breakfast bowls Milk choice

### Pre packed daily:

Monday- Fri PB&J SACKS  
Monday: Chick Fillet  
Tuesday: Hamburgers  
Wednesday: Pizza  
Thursday: Corndogs  
Friday: Chicken Nuggets

### SALADS:

MON: FAJITA  
TUES: TURKEY  
WEDS: HAM  
THURS: TURKEY  
FRI: MANAGER CHOICE

### SUBS:

MON & WEDS: TURKEY  
TUES & THURS: HAM  
FRI: MANAGER CHOICE

NUTRITION PROGRAM WEBSITE  
[jdSNPcafes.us](http://jdSNPcafes.us) jeff-davis.k12-homepage/department/school-nutrition

## DID YOU KNOW?

Throughout much of history, November has often been thought of as a somber month because it signaled the start of winter. People would spend the month storing up their harvest and preparing their food and homes in order to survive the winter.