

NOVEMBER 2020

Jeff Davis Pre-K

MONDAY

Breakfast: French toast stix/ fruit/ milk **2**

Lunch: Hamburger on Bun/ French fries/ lettuce & tomato/ fruit/ milk

Breakfast Waffles/ fruit/milk **9**

Lunch: Steak Nuggets/ cream potatoes/ green beans/ cornbread/ fruit/ milk

Breakfast: Pancake/ fruit/ milk **16**

Lunch: Hot Dog/ French fries/ baked beans/ milk

23
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

Breakfast Waffles/ fruit/ milk **30**

Lunch: Steak Nuggets/ cream potatoes/ green beans/ cornbread/ fruit/ milk

TUESDAY

Breakfast: Biscuit/ fruit/ milk **3**

Lunch: Chicken Tenders/ smiley fries/ celery w peanut butter cup/ fruit/ Texas toast/ milk

Breakfast: Biscuit/ juice/ milk **10**

Lunch: Vegetable Soup/ Peanut Butter and Jelly sandwich/ fruit/ milk

Breakfast: Cereal/ fruit/ milk **17**

Lunch: Pizza/ corn/ carrot bites w/ranch dressing/ salad/ fruit/ milk

24
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

WEDNESDAY

Breakfast: Breakfast Pizza/ fruit/ milk **4**

Lunch: Taco Salad w/fixings lettuce/ tomato/ black beans/ corn/ fruit/ milk

Breakfast: Blueberry Muffins/ juice/ milk **11**

Lunch: Corn Dog/ French fries/ baked beans/ fruit/ milk

Breakfast: French Toast / fruit/ milk **18**

Lunch: Popcorn Chicken/tri taters/ celery & carrot sticks w/ranch/ fruit/ milk

25
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

THURSDAY

Breakfast: Biscuit/ fruit/ milk **5**

Lunch: Cheese Sticks w/ marinara/ broccoli/ fruit/ milk

Breakfast: Biscuit/ juice/ milk **12**

Lunch: Turkey and Dressing/ green beans/ sweet potato/ rolls/ fruit salad/ milk

Breakfast: Biscuit / fruit/ milk **19**

Lunch: BBQ on Bun/ steamed carrots/ coleslaw/ fruit/ milk

26
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

FRIDAY

Breakfast: Toast & egg/ juice/ milk **6**

Lunch: Spaghetti/ peas & carrots/ salad/ fruit/ milk

Breakfast: Cereal/ fruit/ milk **13**

Lunch: Chili/ baked potato/ steamed broccoli/ fruit/ milk

Breakfast: Toast/ egg/ fruit/ milk **20**

Lunch: Chicken Nuggets/ green beans/ mac & cheese/ fruit/ milk

27
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

NOVEMBER HARVEST OF THE MONTH SWEET POTATOES

Assorted Vegetables and Fruits Offered Daily with each Daily Meal Choice and Choice of Milk with meal. November Tip: Protein Packs A Punch! Protein is an essential nutrient for the body to perform daily tasks.

School Info:
ALL JEFF DAVIS COUNTY SCHOOL STUDENTS WILL RECEIVE MEALS AT NO CHARGE BEGINNING OCTOBER 1, 2020 THROUGH DECEMBER 21, 2020 OR UNTIL USDA FUNDING IS DEPLETED!

Staff Meal Prices:
Breakfast \$2.25
Lunch \$3.50

NUTRITION PROGRAM WEBSITE: jdsnpcafes.us
jeff-davis.k12-homepage/department/school-nutrition

DID YOU KNOW?

Throughout much of history, November has often been thought of as a somber month because it signaled the start of winter. People would spend the month storing up their harvest and preparing their food and homes in order to survive the winter.