

# NOVEMBER 2020

## Jeff Davis Primary

### MONDAY

**2**  
Breakfast: French Toast  
Stix w/ sausage or Cereal or Parfait/ fruit/ milk  
Lunch: Hamburger on Bun/ French fries/ lettuce & tomato/ onion/ pickles/ fruit/ milk choice

**9**  
Breakfast Waffles or Cereal or Parfait/ fruit /juice/milk  
Lunch: Steak Nuggets/ cream potatoes/ green beans/ cornbread/ fruit/ milk choice

**16**  
Breakfast: Pancake or Cereal or Parfait/ juice/ fruit/ milk  
Lunch: Hot Dog/ French fries/ baked beans/ milk choice

**23**  
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

**30**  
Breakfast Waffles or Cereal or Parfait/ fruit/ juice/ milk  
Lunch: Steak Nuggets/ cream potatoes/ green beans/ cornbread/ fruit/ milk choice

### TUESDAY

**3**  
Breakfast: Steak Biscuit or Cereal or Parfait fruit/ juice/ milk  
Lunch: Chicken Tenders/ smiley fries/ celery w/peanut butter cup/ fruit/ Texas toast/ milk choice

**10**  
Breakfast: Chicken Biscuit or Cereal or Parfait/ fruit/ juice/ milk  
Lunch: Hamburger Helper/ sweet peas/ salad/ fruit/ milk choice

**17**  
Breakfast: Chicken Biscuit or Cereal or Parfait/ fruit/ milk  
Lunch: Pizza/ corn/ carrot bites w/ranch dressing/ salad/ fruit/ milk choice

**24**  
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

### WEDNESDAY

**4**  
Breakfast: Breakfast Pizza or Cereal or Parfait/ fruit/ juice/ milk  
Lunch: Taco Salad w/fixings/ lettuce/ tomato/ Spanish rice/ black beans/ corn/ fruit/ milk choice

**11**  
Breakfast: Blueberry Muffins w/ sausage link or Cereal or Parfait/ fruit / juice/ milk  
Lunch: Corn Dog/ French fries/ baked beans/ fruit/ milk choice

**18**  
Breakfast: French Toast or Cereal or Parfait/ fruit/ milk  
Lunch: Turkey and Dressing/ green beans/ sweet potato/ rolls/ fruit salad/ milk choice

**25**  
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

### THURSDAY

**5**  
Breakfast: Sausage Biscuit or Cereal or Parfait/ fruit/ juice/ milk  
Lunch: Chicken Marinara/ sweet potato fries/ veggie cup w/dip/ fruit/milk choice

**12**  
Breakfast: Sausage Biscuit or Cereal or Parfait/ juice/ fruit/ milk  
**Managers Choice:**  
Lunch: Chicken Alfredo/ sweet potato/ salad/ bread sticks/ fruit/ milk choice

**19**  
Breakfast: Sausage Biscuit or Cereal or Parfait/ fruit/ milk  
Lunch: BBQ on Bun/ glazed carrots/ coleslaw/ brownie/ apples/ milk choice

**26**  
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

### FRIDAY

**6**  
Breakfast: Breakfast Grilled Cheese or Cereal or Parfait/ fruit/ juice/ milk  
Lunch: Spaghetti/ peas & carrots/ salad/ garlic bread/ fruit/ milk choice

**13**  
Breakfast: Breakfast Bowl or Cereal or Parfait/ fruit/ milk  
Lunch: Chili or Tuna/ baked potato/ steamed broccoli/ fruit/ cinnamon roll/ milk choice

**20**  
Breakfast: Breakfast Grilled Cheese or Cereal or Parfait/ fruit/ milk  
Lunch: **ALL SACKS**

**27**  
SCHOOL CLOSED FOR STUDENT AND STAFF THANKSGIVING HOLIDAY

## NOVEMBER HARVEST OF THE MONTH: SWEET POTATOES

ALL JEFF DAVIS COUNTY SCHOOL STUDENTS WILL RECEIVE MEALS AT NO CHARGE BEGINNING OCTOBER 1, 2020 THROUGH DECEMBER 21, 2020 OR UNTIL USDA FUNDING IS DEPLETED!

Assorted Vegetables and Fruits Offered Daily with each Daily Meal Choice and Choice of Milk with meal.  
November Tip: Protein Packs A Punch! Protein is an essential nutrient for the body to perform daily tasks.

Salads:  
Monday and Tuesday-Tuna  
Wed.-Chicken Strip  
Thur. and Friday-Ham

Sacks:  
Monday - PB&J,  
Tuesday-Ham & Cheese,  
Wednesday PB&J  
Thursday- Turkey,  
Friday - PB&J

NUTRITION PROGRAM WEBSITE:  
[jdSNPcafes.us](http://jdSNPcafes.us) [jeff-davis.k12-homepage/department/school-nutrition](http://jeff-davis.k12-homepage/department/school-nutrition)

## DID YOU KNOW?

Throughout much of history, November has often been thought of as a somber month because it signaled the start of winter. People would spend the month storing up their harvest and preparing their food and homes in order to survive the winter.